Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

CTATEMENIT	OF CHANCES	IN DENIETICIAL	OWNEDCHID
STATEMENT	OF CHANGES	IN BENEFICIAL	OMNEKSHIP

**OMB APPROVAL** OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*  LeBel Carl					2. Issuer Name and Ticker or Trading Symbol Frequency Therapeutics, Inc. [ FREQ ]									(Che	eck all applic	nship of Reportin I applicable) Director Officer (give title		son(s) to Iss 10% Ov Other (s	/ner
(Last) (First) (Middle) C/O FREQUENCY THERAPEUTICS, INC., 19 PRESIDENTIAL WAY, 2ND FLOOR				3. Date of Earliest Transaction (Month/Day/Year) 12/03/2019									_	below)	below)  Chief Developme			рсспу	
(Street) WOBURN MA 01801 (City) (State) (Zip)				4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	Individual or Joint/Group Filing (Check Applicable ne)  X Form filed by One Reporting Person Form filed by More than One Reporting Person						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Date			2. Transac Date (Month/Da	Execution Date,		Transaction Disposed Of (I Code (Instr. 5)			ties Acq d Of (D)	es Acquired (A) or Of (D) (Instr. 3, 4 and		5. Amour Securitie Beneficia Owned F Reported	s ally ollowing	Form (D) or	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
								Code	v	Amount	(A) or (D)		Price	Transact	Transaction(s) (Instr. 3 and 4)			(1130.4)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	xercise (Month/Day/Year) e of vative	3A. Deemed Execution Da if any (Month/Day/Y	Co	Transaction Code (Instr.		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		ecurity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Co	ode V	, (A	A)		Date Exercisabl		expiration vate	Title	0 N 0	lumber					
Stock Option	\$3.37	12/03/2019			A	23	3,555		(1)	0	4/16/2029	Comm Stock		3,555	\$0.00	23,555	5	D	

## **Explanation of Responses:**

1. The option is fully vested.

## Remarks:

By: /s/ Michael D. Bookman, Attorney-in-Fact for Carl P.

12/05/2019

**LeBe** 

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.