FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number: 3235-028									
	Estimated average burden									
- 1	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Huang Michael</u>					2. Issuer Name and Ticker or Trading Symbol Frequency Therapeutics, Inc. [FREQ]							(Che	Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
	QUENCY	First) THERAPEUTION	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 08/17/2022							Officer (below)	give title	Othe belov	(specify /)		
(Street) LEXING	GTON M	AA State)	02421 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)							Line)	Individual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Ta	ble I - Non	-Deriva	tive S	ecuritie	es Acq	uired, Di	sposed	of,	or Bene	ficially	Owned				
1. Title of Security (Instr. 3) 2. Trans				2. Transac Date (Month/Da	action 2A. Deemed Execution Date,			3. Transaction Code (Instr. 2)				Beneficial Owned Fo	For y (D)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
			Code V Amount						nt	(A) or (D)	Price	Reported Transaction (Instr. 3 ar			(Instr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Ye	Code	saction e (Instr.	5. Numb Derivati Securiti Acquire Dispose (D) (Inst and 5)	ve es ed (A) or ed of	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	Owners Form: Direct (I or Indire (I) (Instr	Beneficial Ownership ct (Instr. 4)		
				Code	e V	(A)	(D)	Date Exercisable	Expirat Date	ion		Amount or Number of Shares		Transactio (Instr. 4)	11(5)		
Stock Option	\$2.14	08/17/2022		A		14,846		(1)	06/10/2	030	Common Stock	14,846	(2)	14,846	D		
Stock		1	i e	$\overline{}$						$\overline{}$					- i		
Option	\$18.63	08/17/2022		D			14,846	(3)	06/10/2	030	Common Stock	14,846	(2)	0	D		
Stock Option	\$18.63 \$2.14	08/17/2022 08/17/2022		D A		14,846	14,846	(3)	06/10/2		Stock	14,846 14,846	(2)	0 14,846			

Explanation of Responses:

- 1. The option vested in full on the earlier of June 11, 2021 or the day immediately prior to the company's 2021 annual meeting of shareholders
- 2. The transaction reported herein reflects a one-time stock option repricing that became effective on August 17, 2022 and is being reported in this manner solely to comply with the technical reporting requirements under Section 16(a) of the Securities Exchange Act of 1934, as amended. There have been no other changes to the terms of these options.
- 3. The option vests in full on the earlier of June 11, 2021 or the day immediately prior to the company's 2021 annual meeting of shareholders
- 4. The option vested in full on the earlier of June 17, 2022 or the day immediately prior to the company's 2022 annual meeting of shareholders.
- 5. The option vests in full on the earlier of June 17, 2022 or the day immediately prior to the company's 2022 annual meeting of shareholders.

/s/ James P. Abely, Attorney-in-08/19/2022 Fact for Michael Huang

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.