FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF (	CHANGES	IN BENE	FICIAL	OWNERSH	ΗP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>McCubbin Quentin</u>					2. Issuer Name <b>and</b> Ticker or Trading Symbol Frequency Therapeutics, Inc. [FREQ]								(Check	all applica Director	able)	g Perso	on(s) to Issu 10% Ow Other (s	vner	
(Last) (First) (Middle) 75 HAYDEN AVE SUITE 300				3. Date of Earliest Transaction (Month/Day/Year) 02/16/2022								X	below) Chie						
(Street)  LEXINGTON MA 02421  (City) (State) (Zip)				_	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Indiv Line) X	vidual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person						
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da				Execution Date,		Transaction Code (Instr. 8)  4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a			ind 5) Securit Benefic Owned		es Following (I)		Direct Indirect I	7. Nature of Indirect Beneficial Ownership					
							Code	v	Amount	(A) or (D)	Price		Reported Transacti (Instr. 3 a	tion(s)			(Instr. 4)		
Common Stock 02/16/2			6/202	.022		S		1,233(1	) D	\$4.4	29 <sup>(2)</sup>	27,0	,069		D				
Common Stock 02/17/			7/202	2022		S		1,303(1	) D	\$4.1	96(3)	25,	766	6 D					
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise (Month/Day/Year Month/Day/Year Security  3. Transaction Date (Month/Day/Year Month/Day/Year Month/Day			if any	ecution Date, Tra		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amor of Securities Underlying Derivative Secur (Instr. 3 and 4)		[	B. Price of Derivative Security Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transactio	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Co	Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amour or Number of Shar	er	(Ins		un(S)		
Restricted Stock Unit	(4)	02/17/2022			A		150,000		(5)		(5)	Common Stock	150,0	000	\$0	150,00	00	D	

## **Explanation of Responses:**

- 1. Represents a portion of the shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of the restricted stock units and does not represent discretionary trades by the Reporting Person.
- 2. This transaction was executed in multiple trades through a broker-dealer at prices ranging from \$4.29 to \$4.54. The price reported in this column reflects the weighted average sales price. Upon request, the reporting person will provide to the SEC staff full information regarding the number of Shares sold at each price.
- 3. This transaction was executed in multiple trades through a broker-dealer at prices ranging from \$4.00 to \$4.48. The price reported in this column reflects the weighted average sales price. Upon request, the reporting person will provide to the SEC staff full information regarding the number of Shares sold at each price.
- 4. Each restricted stock unit represents a contingent right to receive one share of Issuer common stock.
- 5. The restricted stock units will fully vest on July 4, 2023.

/s/ James P. Abely, Attorney-in-02/18/2022 Fact for Quentin McCubbin

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.