FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL										
OMB Number:	3235-0287									
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* $ \underline{Lucchino\ David\ L.} $						2. Issuer Name <b>and</b> Ticker or Trading Symbol Frequency Therapeutics, Inc. [FREQ]										k all app Direc	olicable) etor		erson(s) to I	wner
(Last)	`	First) Y THE	(M ERAPEUTIC	3. Date of Earliest Transaction (Month/Day/Year) 07/11/2023									X	Office below	cer (give title ow) President and		Other ( below)	specify		
75 HAYDEN AVE, SUITE 300					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi Line)	6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)	GTON N	MА	A 02421													Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(City) (State) (Zip)						Rule 10b5-1(c) Transaction Indication													
							Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)  2. Transactic Date (Month/Day/					Execution Date,			ate,	Transaction Disposed C Code (Instr. 5)			es Acquired (A) Of (D) (Instr. 3, 4				icially d	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
										Code	v	Amount	(A) (D)	or Pr	ice		ted action(s) 3 and 4)	ľ		
Common Stock 07/11/20							023					2,731(1)	D \$0.3		).37 <sup>(2)</sup>	712,692		D		
Common Stock 07/12/20						023				S		2,649(1)	D	\$(	).39 <sup>(3)</sup>	710,043		D		
			Tab	le II -	Derivativ (e.g., pu											Owne	ed			
1. Title of Derivative Security (Instr. 3)	2. Conversio or Exercis: Price of Derivative Security	n Date e (Mon	ansaction	Execu	BA. Deemed Execution Date, f any Month/Day/Year)		ansaction ode (Instr. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		rative rities ired r osed ) . 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Expiration Exercisable Expiration Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and		unt		9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

## **Explanation of Responses:**

- 1. Represents a portion of the shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of the restricted stock units pursuant to a Rule 10b5-1 trading plan entered into on March 22, 2022 and does not represent discretionary trades by the Reporting Person.
- 2. This transaction was executed in multiple trades through a broker-dealer at prices ranging from \$0.37 to \$0.38. The price reported in this column reflects the weighted average sales price. Upon request, the reporting person will provide to the SEC staff full information regarding the number of Shares sold at each price.
- 3. This transaction was executed in multiple trades through a broker-dealer at prices ranging from \$0.38 to \$0.41. The price reported in this column reflects the weighted average sales price. Upon request, the reporting person will provide to the SEC staff full information regarding the number of Shares sold at each price.

/s/ James P. Abely, Attorneyin-Fact for David L. Lucchino 07/13/2023

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.